

GLADIATORS SKILLS FOR SUCCESS: WORKSHOP OVERVIEW**GRADE 10**

TITLE	OVERVIEW
Leadership	Mr. Ruehl will present on a leadership discussion that will focus on the unique opportunities at each grade level.
Career Interest Profiler	Students will explore career opportunities based on their personal values and interests. After determining their career interest category, students will be able to look at occupational outlooks, levels of education/training and salaries based on various areas on the United States.
Grass Roots	Ms. White and Ms. Smith will provide us with a look at Grassroots of Howard County and the resources available there, and a discussion on suicide prevention.
Lunch	
Physical Wellness	New students to Glenelg High School will be provided an opportunity to get to know other students who are new to our school too. Mr. Shaffer/Mr. Cullen will facilitate the meet and greet.
Grade Level Assemblies	Administration
Canvas	Students will be given the opportunity to investigate the levels of Canvas and to set up notifications. They will also be creating a video and uploading it to Canvas.
ARL	Ms. Discepolo will share with the students the vast array of opportunities that HCPSS has to offer. Career Academies, ARL Shadow Days and Apprenticeships.
Wellness	Mr. Willingham will present on strategies and skills we all need to do to appropriately handle stress and obstacles. Mr. Willingham's focus will be on physical and mental wellbeing.
Watershed Activity	Regis/Montminy/Kinloch
Dismissal	